



gio-mouvements.com

+41 79 679 13 08

PRICE LIST

PILATES AND DANCE CLASSES

Av. de Miremont 35
1206 Champel - Genève

Is *Pilates* right for you?

FIND OUT WITH THIS CHECKLIST

Do you want to take care of your body without putting it under stress? ✓

You spend a lot of time sitting and feel tightness ✓

Are you looking for a full-body workout? ✓

Do you want to move with more control and awareness? ✓

Do you want to improve your posture? ✓

Do you want to feel stronger without extreme workouts? ✓

You're young and want to start correcting and preventing potential posture problems ✓

Pilates Classes

55 min

New Customer Offer

2 private lessons for 120 CHF
(valid only once) per person



PRIVATE

1 PRIVATE LESSON	120 CHF
10 PRIVATE LESSONS	1080 CHF
	<i>** Valid for 3 months</i>
20 PRIVATE LESSONS	2040 CHF
	<i>** Valid for 4 months</i>

DUO (individual work)

1 DUO CLASS	75 CHF per person
10 DUO CLASS	675 CHF per person
	<i>** Valid for 3 months</i>
20 DUO CLASS	1275 CHF per person
	<i>** Valid for 4 months</i>



– 10% off a private lesson if you bring a friend!

| All payments must be made before the class date.



TRIO (group work)

1 CLASS PER
WEEK

** 430 CHF
per person

1 TRIAL CLASS

35 CHF
per person

GROUP (4–6 people)

1 CLASS PER
WEEK

** 380 CHF
per person

1 TRIAL CLASS

30 CHF
per person



– 10% off a private lesson if you bring a friend!

For Trio classes and group classes, the rates listed apply to **annual commitments**.

If you enroll for a **3-month period only**, a **20% surcharge** will be applied to the corresponding rates.

All payments must be made before the class date.

** For **one year** from the date of registration, with membership dues paid every three months.



STUDENT GROUPS (4–8 people)

1 CLASS PER WEEK

** 320 CHF
per person

1 TRIAL CLASS

25 CHF
per person

– 10% off a private lesson if you bring a friend!

For Trio classes and group classes, the rates listed apply to **annual commitments**.

If you enroll for a **3-month period only**, a **20% surcharge** will be applied to the corresponding rates.

All payments must be made before the class date.

** For **one year** from the date of registration, with membership dues paid every three months.

Dance classes

1.15 hour for adults
1 hour for children



ADULT GROUPS (4–8 people)

1 CLASS PER
WEEK

** 360 CHF
per person

1 TRIAL CLASS

25 CHF
per person

CHILDREN'S GROUP (4–8 people)

1 CLASS PER
WEEK

110 CHF per child
*** for 1 month*

1 CLASS PER
WEEK

290 CHF per child
*** for 3 months*

1 TRIAL CLASS

15 CHF per child



– 10% off a private lesson if you bring a friend!

For group classes, the rates listed apply to **annual commitments**. If you enroll for a period of **3 months only**, a **20% surcharge** will be applied to the corresponding rates.

All payments must be made before the class date.

** For one year from the date of registration, with membership dues paid every three months.

About Gio-Mouvemotions



Attentive, professional, and cheerful.

Two years ago, I had a lot of trouble walking—my ankle, knee, and hip were giving me trouble—and my back would frequently “seize up.” Thanks to the progressive exercises Giorgia taught me—combined with almost daily practice at home—I can now walk without any problems and even got back on a horse recently. Grazie!

BERNARD





 [gio_mouvemotions](https://www.instagram.com/gio_mouvemotions)
 [gio-mouvemotions.com](https://www.gio-mouvemotions.com)

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